

# SPA SERVICES

## **SWEDISH MASSAGE**

50 Minutes | 110 80 minutes | 160

A combination of soft, long kneading strokes and light rhythmic tapping strokes on the topmost layers of muscles.

#### THERAPEUTIC TISSUE MASSAGE

50 Minutes | 130 80 minutes | 180

Massage including slow strokes and deep finger pressure on areas of the body suffering from chronic muscle tension or areas that simply ache or feel contracted. Relieve stress, tension, pain syndrome and restore function.

#### **COUPLES SWEDISH MASSAGE**

50 Minutes | 240 80 minutes | 340

Experience all the benefits of our Swedish Massage side by side, with someone special.

#### COUPLES THERAPEUTIC MASSAGE

50 Minutes | 260 80 minutes | 360

Experience all the benefits of our Therapeutic Massage side by side, with someone special.

## **SCALP, HAND & FOOT MASSAGE**

25 Minutes | 75

Gentle strokes to stimulate circulation and reduce stress and tension all over the body.

### PRENATAL MASSAGE

50 Minutes | 115 80 minutes | 165

A combination of Swedish techniques designed and adapted to meet the needs of pregnant guests. Not available in the first trimester.

#### MASSAGE ENHANCEMENTS

Hot Stone | 15

Hand Scrub | 15

Aromatherapy I 15

Foot Scrub | 15

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