



## welcome to ara

Experience balance, harmony, and relaxation with our transformative massage and skin care treatments. Personalize your manicure or pedicure with a selection of tantalizing aromas to stimulate your senses.

Take to the waters with our 'splash at ara' hydro-experience. The spa offers steam, sauna, Swiss shower, and hydro-pools to stimulate circulation and provide relief from muscle tension.

**Complimentary with any spa service of 50 min or more.**



### respect

We request that cell phones and personal communication devices be turned off while in the spa so that you and our guests may experience a relaxing spa environment.

### courtesy

If you must reschedule or cancel your services, please notify us 24 hours prior to your scheduled appointment to avoid being charged the full value of your services. Spa packages require a 24-hour notice. Groups of 5 guests or more require 48 hours notice and 10 guests or more require a 5-day notice. A credit card number is required at the time of booking.

### satisfaction

For your convenience, a 20% gratuity will be added to your final bill and may be adjusted to your satisfaction.

### gifting

Be the one who gives the best gift at the next party or holiday gathering! Spa gift certificates are available in any dollar amount or for a specific service and may also be used toward retail purchases.

### promotions

When booking your spa appointments please ask about our monthly promotions throughout the year.

### usage

ara spa is an adult retreat reserved for guests 21 years of age or older. Guests under the age of 21 may take advantage of nail services. Nail guests under the age of 18 must be accompanied by an adult.

### fare

We can accommodate food offerings for larger parties (please allow 5 days notice for larger parties). No outside food and beverage can be brought into the spa.

\* Food and beverage delivery based on availability.



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Prices are subject to change. Hours are subject to change. Holidays are considered "Peak" days. Please arrive 15 minutes prior to treatment time to enjoy your full service time. Cancellations please notify us 5 days prior to your scheduled appointment to avoid being charged the full value of your services. Spa packages require a 24 hour notice. Groups of 5 or more require 48 hour notice groups of 10 or more require a 5 day notice. A credit card number is required at the time of booking. For your convenience, 20% gratuity is added to your final bill and may be adjusted to your satisfaction. Ara spa is an adult retreat reserved for guests 21 years of age or older.



## experiences

Create your own half or full day spa experience. Choose 3, 4, or 5 spa treatments that are 50 minutes or longer and take 10% off the whole package!

## etiquette arrival

We suggest arriving 30-60 minutes prior to your treatment so that you may enjoy your experience in its entirety. Our locker room amenities include a hydro-pool, steam, sauna, and Swiss shower for you to enjoy prior to or after your spa treatments. Splash at ara is included when any 50-minute or longer spa service is received. Arriving late may limit your treatment time so that our next guest is not delayed.

## gather

Ideal for a celebration or a girlfriend getaway, ara is the perfect place to make it a spa day! Call to see if your group qualifies for a discount!

## safety

Our locker room areas are “wet” areas. The spa will provide non-slip spa sandals for you to use while you are a guest in the spa. We highly recommend you wear our sandals during your visit.

When reserving your spa services, please notify the spa receptionist if you have any medical conditions that may be affected by our services. These include allergies, high blood pressure, or physical ailments. Please tell us if you are pregnant so that we may provide you with the proper guidance, care, and comfort you need. Please remove all jewelry and other valuables prior to visiting the spa. ara is not responsible for lost, stolen or misplaced items.

## comfort

For your comfort during your experience, we provide a robe, slippers, and a locker for your personal belongings. Our therapists use professional draping techniques to ensure your privacy at all times, only exposing the area to be worked upon. While most spa treatments are best enjoyed without clothing, every step is taken to ensure discretion.

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## splash at ara

Our steam, sauna, Swiss shower, and hydro-pool circuit stimulates circulation and provides deep muscle relaxation. Enjoy pre or post treatment.

<b>shower</b> rinse away the day's stress		
3 min		
<b>steam</b> purify your mind and body		
5-10 min		
<b>shock</b> take the plunge in the cold shower		
1 min		
<b>sweat</b> feel the heat in the dry sauna		
5-10 min		
<b>shiver</b> take a refreshing cold shower		
1 min		
<b>submerge</b> relax in the whirlpool		
10-15 min		
<b>shower</b> conclude with a warm shower		

complimentary with any spa service of 50 mins or more.

## massage therapy breathe relax exhale ara experience

We invite you to relax and rejuvenate your body, mind, and spirit with our signature treatment. Unwind for 100 minutes as our therapist provides a unique massage ritual, head and scalp treatment, and a back scrub.

100 min	\$320	\$340
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## massage fusion

Our talented therapists utilize a multitude of skills to create a customized massage experience that dissolves stress, tames tension, and re-energizes your body. Whether you're in need of some long soothing strokes over the whole body or a specific area of focus, we'll create a massage experience just for you.

50 min	\$170	\$190
80 min	\$220	\$240

## couples massage fusion\*

Share an experience you will both enjoy in our couples suite located in the spa with side-by-side massages.

50 min	\$360	\$390
80 min	\$460	\$490

\*based on availability and services need to be the same duration

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## massage add-ons dream weaver

A gentle stream of warm oil incorporated into a scalp massage.

25 min	\$75	\$85
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## massage enhancements

### deep tissue hot rocks

pregnancy

out of your 1st trimester

### paraffin wrap or hand and foot scrub

hands or feet both

50 min	\$20	\$30
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## body therapy

### seasonal body treatment

Immerse yourself in a body treatment designed to reflect the seasons. Take your senses on a journey from a fall pumpkin scrub all the way to a Caribbean coconut exotic summer wrap. Call the spa for the seasonal offering.

50 min	\$190	\$210
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## skin care ara facial

Our traditional relaxing facial is designed to cleanse, gently exfoliate, and nourish the skin which will reveal fresh and radiate skin that is suitable for men or women.

50 min	\$180	\$200
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## above and beyond facial

Need a facial one step up from our traditional facial? This facial provides all the same great techniques PLUS an enzyme peel that helps with fine lines and wrinkles.

50 min	\$200	\$220
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## power facial\*

Need an aggressive treatment? One step down from a medical grade facial. This chemical peel is a highly active treatment using glycolic, lactic or alpha/beta compounds to exfoliate and replenish at the same time.

50 min	\$220	\$240
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\* This service cannot be performed if you are enjoying the pool amenities for the day.

## acne facial

Concerned about adult acne or need to minimize clogged pores? Detoxify the skin with a deep pore exfoliation, in-depth extractions, and calming balancing of the skin.

80 min	\$240	\$260
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## ara ultimate facial

Let our estheticians custom create a more aggressive results-driven treatment to help rejuvenate your complexion. We will start with a deep cleanse followed by a series of enzyme peels, brightening masks, and peptide infused anti-aging skin care. This treatment is ideal for mature skin and for those suffering from environmental damage.

80 min	\$250	\$270
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## HydraFacial®

This non-invasive treatment for all skin types will leave the skin glowing and provide instant results with no downtime. HydraFacial® removes dead skin and extracts impurities, while simultaneously delivering cleansing, hydrating and moisturizing serums into the skin.

### deluxe

This comprehensive treatment will cleanse, exfoliate, and extract while infusing antioxidants and peptides into the skin. Our esthetician will also select a booster, and LED light therapy designed for your skin type.

50 min	\$270	\$290
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### platinum

The ultimate HydraFacial® experience, treating the face, neck and chest. This facial also includes a booster, a mask, red/blue LED light therapy and lymphatic massage.

80 min	\$350	\$380
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### perk® upgrade

lip	\$40	
eye	\$40	
both	\$60	

\*Our HydraFacial® treatments should not be performed if you are enjoying the pool amenities for the day. This service cannot be performed if you are pregnant or nursing. Please advise the spa team if you are allergic to shellfish.

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## skincare enhancements

<b>vitamin c</b>	\$30	
<b>eye rejuvenation</b>	\$25	
<b>lip scrub</b>	\$15	

## nail therapy

Our decadent manicures and pedicures include an intoxicating soak, salt scrub, soothing massage along with expert clipping, shaping, buffing, and polishing.

### spa pedicure

50 min	\$100	\$115
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### spa manicure \*includes paraffin

50 min	\$80	\$95
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### gel manicure \*gel services for hands only

50 min	\$85	\$100
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### men's spa pedicure

50 min	\$85	\$100
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### express manicure/pedicure\*

quick soak, shape, polish

\*does not include splash at ara

25 min	\$70 manicure	\$80 pedicure
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## breathe exhale relax pedicure

Inspired by our ara ritual where you unwind and relax. We take you on a massage journey with river stone massage as you soak in a paraffin treatment for your hands and feet. Keeps your soles silky smooth.

80 min	\$125	\$140
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## seasonal pedicure

Need a mini get away? Take yourself on a seasonal spa retreat and forget about your worries. Call the spa for the seasonal offering.

80 min	\$125	\$140
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## peppermint foot ritual\*

\*does not include splash at ara

Enjoy a tantalizing foot soak followed by a rejuvenating massage that will re-energize your feet.

25 min	\$75	\$90
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## nail enhancements

### paraffin wrap

\*cannot be added to express services

hand or feet	\$20
both	\$30

french polish \$10

polish change \$35

gel removal \$25

## hair removal

A variety of waxing services are available for both men and women.

\*other areas available upon request

eyebrow shaping \$35

lip or chin \$25

full face \$65

(not including brows)

back or chest \$90

bikini \$55

\*does not include splash at ara

